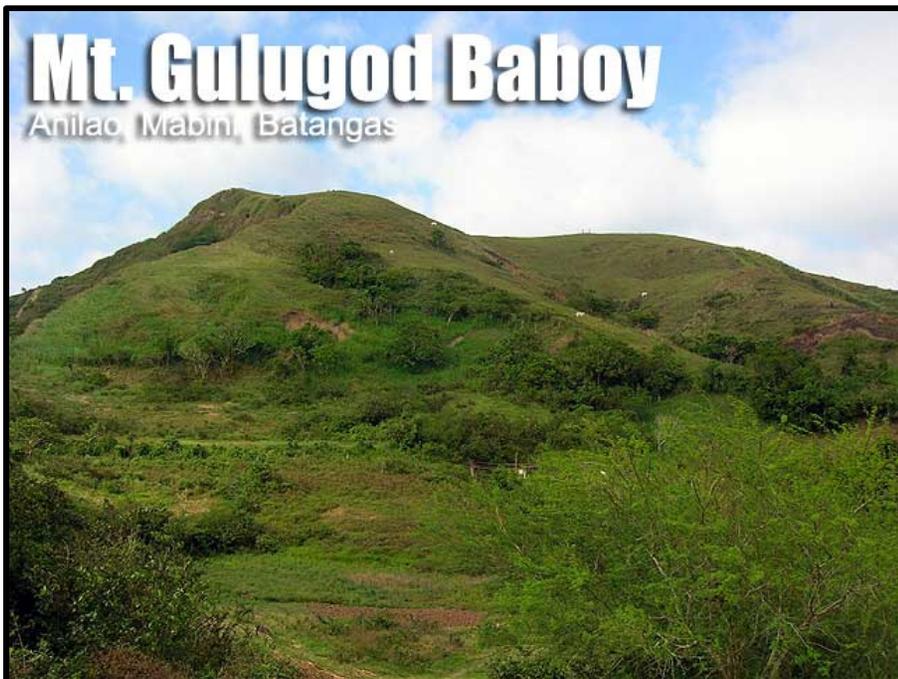




DAHONPALAY MOUNTAINEERS

Mt. Gulugod Baboy

Anilao, Mabini, Batangas



MT. GULUGOD BABOY

LOCATION:	Batangas Province
ELEVATION:	470 meters above sea level
LEVEL:	Minor Climb, Level I, Easy
JUMP-OFF POINTS	Philpan Dive Resort Brgy Sullo, Anilao Bats
ESTIMATED BUDGET	P 600.00
IT CREATED BY:	J. Tanega (Thanks to MMS, Mr. L. Henson)

INFORMATION:

Gulugod-Baboy is the general term that describes the hills that traverse Calumpan Peninsula. Located in Southern Batangas, the peninsula is more known for the diving resorts of Anilao – the birthplace of Philippine scuba diving. Since dive enthusiasts are also enthusiasts for anything ‘outdoor’, they began exploring the hills, and soon, Gulugod Baboy became a hiking destination on its right, although today it remains a popular sidetrip to a diving escapade to Anilao, or to the nearby Sombrero or Maricaban islands.

There is confusion regarding where the real “Gulugod-Baboy” is. From SE to NW (from Brgy. San Teodoro to Brgy. Laurel), there are three peaks in the range. The first is 470 MASL, the second is 485 MASL, and the third is 525 MASL. This third has a large, ancient tree as its landmark, and is known to mountaineers as the real Gulugod Baboy. However, locals say that this third peak is actually Mt. Pinagbanderahan, and the first peak is the Gulugod Baboy. Fans of Long Henson, father of itineraries, would remember that he wrote about a Mt. Pinagbanderahan in Mabini, Quezon. This may actually refer to Mabini, Batangas, and is actually one and the same as the Gulugod-Baboy we know. Thus, there are three peaks, from SE to NW: Gulugod-Baboy, Gitna, and Pinagbanderahan.

Gulugod-Baboy is a playground for adventure: you can refer to the map and ascend/descend to any point in the peninsula using the compass. Most directions have trails; indeed there are many trails in the mountain which is both an advantage and a disadvantage. At its peaks, you can see, from east to west: Janao Bay, Maricaban strait which bears Sombrero and Maricaban islands, a distant, faint blue Mindoro, Verde Island (SW) and Batangas Bay. The city and port of Batangas is visible on the west, following a farther Mt. Daguldul. To the north is Mt. Maculot, and even Mt. Batulao and the Tagaytay highlands.

SUGGESTED ITINERARY:

DAY 01 November 24, 2007 (Saturday)	
0800H	Assembly Jollibee Pacita, ETD to Turbina
0900H	ETA Turbina, ETD to Batangas
1000H	ETA Batangas City Diversion, ETD to Anilao
1100H	ETA Anilao, Lunch
1200H	ETD to Brgy Sulo,
1300H	ETA Philpan Dive Resort, prepare to trek
1600H	ETA Summit, Prepare Dinner
1800H	Lunch, Socialites
2300H	Lights Out

DAY 02 November 25, 2007 (Sunday)	
0600H	Wake-up Call, Prepare Breakfast
0700H	Explore Summit: Gulugod (peak 1), Gitna (peak 2), and Pinagbanderahan (peak 3)
0830H	Break camp, Start Descent
0930H	ETA Philpan Beach Resort, Lunch and Swimming
1300H	ETD to Tritran Bus Station (Batangas)
1500H	ETA Bus Terminal, ETD to Turbina
1700H	ETA Calamba Laguna, ETD to Pacita Complex
1800H	ETA Pacita Complex (Home Sweet Home)

MEAL PREPARATION:

	Breakfast	Lunch	Dinner
Day 1 – Mar 03	NA	Pack Lunch Anilao	Rice, Adobo, Soup, Veggie
Day 2 – Mar 04	Soup	Philpan Beach	NA

SPECIAL CONSIDERATION:

During summer, the bare shoulder becomes too hot so it is better to hike in the late in the afternoon and leave early the next day. There is also no water source available at the campsite so bring enough water. Watch our for dogs, cows and horses roaming around the campsite.

CHECKLIST:

DESCRIPTION	ITEM
Trekking Attire	T-shirt with warmer or sweat shirt, short, leggings, mountain boots, sandals bandana or cap, rain gear, sunglass, and socks
Equipment and Supplies per individual (IMPORTANT)	Water source available at camp, bring trail water
	Flashlight each with reserved batteries
	1 mess kit (spoon, fork, plate and goblet)
	1 toiletry (tissue, soap, toothpaste)
Group Equipments	Cookset, and stove, lantern and stoves
Meal Contributions	100 pesos each camper for the food, liquor, spices and others.
	Each camper should bring at least 2 can goods and bread.
REMINDERS: Follow the itinerary and NO LATE PLEASE...	

CLIMBER'S RESPONSIBILITIES:

If there is an established trail, walk in a single line and avoid creating new trails. Widening of such and formation of new ones can damage the soil and kill the plants crossing the paths of hikers. and to the hosts.

Cont. CLIMBER'S RESPONSIBILITIES:

Do not take anything from the forests as souvenir. If each climber would bring home one souvenir, the future climbers may be left with nothing but ugly remains of a once-beautiful place.

Avoid disturbing wildlife. Many species of animals become stressed due to disturbance by man.

Never leave garbage along the trail or at the campsite. Oftentimes, the local communities do not have well-managed waste disposals, so it will be better to bring the garbage to the cities for proper disposal.

For human waste, each climber can dig his own "toilet", about six inches deep, and cover it with soil afterwards. Common latrines are proven to be bad because the soil cannot break down concentrated amounts of waste in reasonable time; it would be much better to bring along waste treatment gear to bring down the wastes back to the cities for proper disposal.

Do not bathe or wash dishes along rivers. The people downstream may be using the water for drinking purposes. Do the washing or bathing about twenty feet (make that 100 ft.) from the river bank. A more acceptable bathing practice is to do it without using soap.

Before traveling to a foreign culture or to an isolated village, it is best to learn the locals' culture to avoid embarrassing situations, both to the visitors and to the hosts.

Be sensitive to the values of the local people. Tourists may bring culture shock to the villagers and may alter the basic values of the population..

Do not buy souvenir items made from rare animal or plant species or questionable sources.

Find out the maximum capacity of the trekking area before going to prevent over-crowding and to minimize the impacts on the environment.

Always register with the municipal or barangay (village) or park office or leave the names and number of the trekkers to any local official at the jump-off point. Tell them the date the group is expected to return so that emergency measures can be adopted the soonest possible time in case of accident.

Make sure that health measures are taken into account in order to avoid disease transfer between the visitors and the locals.

If no one is familiar with the destination, always hire a guide. It saves time and lessens the probability of accidents.

CONTACTS:

CONTACT INFORMATION	
Contact Person:	Ian Villamin - 09272550174
	Bhaby Fines – 09173680471
	Jojo Tanega – 09064566953
	Nono Fines - 09152945091
Email Address	dahonpalay_mountaineer@yahoo.com.ph
Photo Website	http://pg.photos.yahoo.com/ph/dahonpalay_mountaineer/album
	http://www.dahonpalayphotos.shutterfly.com
Website	http://dahonpalay.multiply.com